



***"PHP and IOP,
We Lead the Change"***



**Association
for Ambulatory
Behavioral Healthcare**

**41st
ANNUAL
TRAINING CONFERENCE
August 2-4 2009**

***Francis Marion Hotel
Charleston, South Carolina***



41st ANNUAL
TRAINING CONFERENCE
AUGUST 2-4, 2009

Schedule of Events (Subject to Change)

Sunday, August 2

8:00 – 9:45 am **Registration and coffee service**

9:00 – 9:30 am **Conference Opening**
AABH President, Larry Meikel

9:30-10:45am

The 7 Keys to Unlocking Personal Success and Happiness in a Healthcare Job

Do you love the job you're in, but consistently feel you want more for yourself? Have you been searching for fulfillment in both your personal and professional life, but always find yourself coming up short? Are you skeptical that you can achieve true success and also make your organization and co-workers happy at the same time? Through a long and fruitful journey, Clint Maun has discovered 7 Keys that unlock the door to personal success and happiness and will share them with you throughout the day.

Clint Maun is nationally recognized for his innovative leadership in healthcare consulting, speaking and research. He is one of a select few to receive the CSP designation of distinction, Certified Speaking Professional, from the National Speakers Association.



As co-founder of Maun-Lemke, Clint has over 38 years experience in healthcare management, leadership, quality enhancement and self-development programs. His visions, ideas, techniques and concepts are currently at work in thousands of organizations throughout the country.

In addition to opening our conference, Clint will facilitate a workshop this afternoon, in two parts, to show you how to develop your dynamic, life-changing strategies.

10:45–11:00am **Break**

11:00-12:30pm ***Clinical Issues: Keeping up with the Joneses: Implementing Best Practice Interventions That Address Current Presenting Clinical Issues***
William Newbill, Ph.D.
Rena Gitlitz, LSW Sarah Carson, BA

A review and discussion about the changing clinic presentation of the Seriously and Persistently Mentally ill population in the Acute Partial Hospital level of care, and the difficulty clinical staff have in shifting their clinical interventions to meet the needs of this population, and to embrace best practice clinical interventions

12:30-1:30pm **Lunch Roundtables and Networking**
Liberty Ballroom B
(Box lunch will be provided)

Clint Maun “The 7 Keys” Workshop
Find out how the “7Keys” work and how your life would look if you implemented them. Discover how to take charge of your career success by incorporating the 7 Keys into your daily routine.

1:30-3:00pm Part I
3:00-3:15pm Break
3:15-4:45pm Part II

4:45-5:30pm **Presidents Reception**

5:30-6:15pm **Membership Meeting**

Monday, August 3

9:00-10:15am **Linda Rosenberg, MSW, CSW,
President and CEO, National Council for
Community Behavioral Healthcare**

With more than 30 years of distinguished service in mental health policy, services and system reform, Linda Rosenberg is a leading mental health expert and in 2004 was named President and CEO of the National Council for Community Behavioral Healthcare. Prior to joining the National Council she served as the Senior Deputy Commissioner for the New York State Office of Mental health.

10:15-10:30am **Break**

10:30-12:00pm ***Group Outcome Measures Can Be Used to Market Your Success***
Thomas A. Doughman
MA, LMFT, LCSW, SAC

The session will review Thedacare Behavioral Health's outcome measurement of outpatient mental health group depression compared to individual outcomes. The Patient Health Questionnaire 9 is used as the measurement tool and attendees will learn about how the outcome measurement is administered, gathered, and applied to improve care of clients.

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3:15-4:45 pm *Are You Treating the Diagnosis or the Client? Incorporating Client Feedback into Programming*
Stephen S. Michael, MS

10:30-12:00 pm *Skill Acquisition and Treatment Outcome
Using the Flexible CBT Approach (Part I)*

Edmund C. Neuhaus, PhD. ABPP

Partial Hospital Programs (PHP) face many challenges to treat a wide range of patients in rapid time frames often with limited resources. The Flexible CBT Approach (FCBT) offers a systematic way to adapt evidence-based treatment approaches to a wide range of patients suffering from a multitude of functional problems. Based on clinical observation over 10 years (and 7000 patients) of using FCBT in the Behavioral Health Partial Hospital Program at McLean Hospital/Harvard Medical School, and treatment outcome research outcome in this program, we have found that acquiring and using skills is an essential component of treatment leading to symptom reduction and functional improvement. This presentation will demonstrate how to pragmatically apply the Flexible CBT Approach in PHP with skills training and psycho-education. A direct connection will be made between the treatment outcome research data and clinical practice with an emphasis on the skills that are most predictive of good outcomes.

12:00-1:30pm **Lunch on your own**

1:30-3:00pm *Build a Better Team; Build a Better Program*

Robyn Ramsey, MFWT

A presentation on the importance of team-staff in building stronger mental health program. This presentation will cover time-honored and innovative methods to maintain a productive, goal-driven and strengths based team. Concepts such as servant leadership, will be discussed.

1:30 – 3:00pm *Skill Acquisition and Treatment Outcome
Using the Flexible CBT Approach (Part 2)*

Edmund C. Neuhaus, PhD., ABPP

3:00-3:15pm **Break**

3:15-4:45 pm **Skyland Trail's Innovative Medical Recovery Program**

Raymond J. Kotwicki, MD, MPH

Skyland Trail serves residential, PHP, day treatment, IOP and case management clients. In 2007, the organization's model of care was retooled to offer an integrative medical-recovery model in which unique client-driven affinity groups called "recovery communities" were conceived. Outcome data will be presented in conjunction with a description of this service model.

With focus on regulatory requirements and the need to develop treatment around a diagnosis, often the client's voice is minimized in the process. Review the literature that demonstrates the power of including the client in programming. Tools for measurement and feedback will also be reviewed. Become more effective and increase your daily census with some simple adjustments and training.

5:00pm

Dinner Cruise on the Spirit of Carolina (Optional - \$75 includes cruise, dinner and transportation) See separate flyer for details

Tuesday, August 4

9:00-10:30 am *Using Data to Drive the Decision-Making Process in the Context of Program Performance Improvement*

Luana Shiba-Harris, OTR, MPA

Thomas Miller

James Mol, Ph.D.

The purpose of the workshop is to assist acute partial hospital and intensive out-patient program directors in the context of program performance improvement. The active use of benchmarks will be used as they apply to specific program dimensions. Three hospital-based programs will present unique approaches to problem-identification, action plans, treatment initiatives, and outcome measures.

10:30-10:45 **Break**

10:45-12:00 *Between A Rock and A Hard Place: Nurturing Possibility in Your Most Challenging Clients*

Randy Hook, MSW, LCSW

Presentation will focus on the more challenging individuals who present at all levels of treatment but particularly within IOP and PHP's. A discussion of the importance of client conceptualization will occur prior to a discussion of varied and diverse interventions. Specific therapeutic tools to be used at higher levels of care will be illustrated.

12:15-1:30 **Lunch on your own**

1:30-3:00 **"Current Medicare Updates and Our Medicare Future"**

Larry Meikel, MBA, AABH President

3:00

Have safe travels and see you next year in Orlando! July 18-20 2010 at the Hilton Orlando Bonnet Creek Resort



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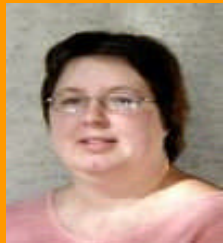
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